



MARCH 2008 NEWSLETTER



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Office & Pro-Shop Hours:

Mon/Wed/Fri 10:00-12:00 & 4:00-8:00,
Tue/Thurs 4:00-8:00, and Saturdays 9:00-1:00



Vol. 1 Num. 3

Visit us on line at www.gforcegymnastics.net

March 2008

At G-Force Gymnastics we believe...

- ...that every child is unique and deserves the individual attention necessary to inspire them to reach their full potential.
- ...that we can instill a sense of confidence, self-worth, and success through positive reinforcement.
- ...that proper form and technique helps children progress through a variety of skills in order to keep them engaged and motivated.
- ...that learning in a fun and safe environment are essential to their gymnastics experience.



No regular classes the week of March 24-29

FREE FLIP-FLOP CLINIC OR MOMMY TIME OUT

We are looking for volunteers during spring break with special skills or anyone interested in helping improve the gym. We need everything from cleaning, painting, organizing or carpentry. For volunteers with children, FREE child care with movies, crafts, and games will be provided. Plus you will receive a *FREE FLIP-FLOP CLINIC OR MOMMY TIME OUT!* To sign up or for more information see the front desk. You may have already noticed some exciting changes at gym! We hope our students are enjoying smaller class sizes, individual attention, and less time waiting in line for their turn. We would like to thank everyone for their continued patience with our renovation of the gym.

Spring break camp

Looking for something for your child to do during their spring break? G-Force is having our first camp for anyone looking to play games, do crafts, and have fun during their spring break. Camp will run from 9 am to 3 pm Monday-Friday. Look for more information and sign up dates in your child's weekly handouts.

Please note the changes to GFGA's make-up classes.
Thank you.

Mission Statement

It is the mission of G-Force Gymnastics to help children grow and develop in a positive manner through the art and sport of gymnastics. We will strive to make every child feel a sense of self-worth and importance. We will work to develop the athlete's physical strength in order to reach their full athletic potential and at the same time develop their mind, self-confidence, and discipline in a positive and fun learning environment. Our goal is to instill excellence both in sport and character.

GFGA Policies & Procedures

PAYMENTS

Due by the 25th of the month for the following month. Payments received after the first of the month will be charged a \$5.00 late fee.

WITHDRAWING FROM THE PROGRAM

There is a form at the front desk that must be filled out prior to withdrawing. If a form is not filled out and turned in - you will be billed for that class. To re-enroll after withdrawing, a \$5.00 processing fee is charged if your registration is current, or a new Registration Fee is charged if not. You must enroll in a class that has availability.

MAKE-UP CLASSES

Offered for missed classes only if the absence is called in to the front desk-no later than the day of absence. ONLY make up times: Friday 4:15, Saturday 12:00

RETURNED CHECKS

We re-deposit them and you are charged a \$10.00 fee.

REFUNDS

We do not issue refunds for classes missed or for early withdrawal.

Ever wish you could bring your friends to check out your gym? Well you can!

Celebrate your birthday at GFGA!
We host some awesome parties at awesome prices! They can be held on either Saturday or Sunday afternoons. Give us a call to schedule yours today!

\$5 OFF
YOUR NEXT MONTHS TUITION WITH EACH STUDENT REFURAL

Team News

NO TEAM PRACTICE MARCH 24-29. ENJOY THE BREAK!

Have you checked out our cheerleading program? Our girls have worked hard and it shows! Congratulations to our senior cheer squad who in December placed 2nd in ABQ. In February our senior squad placed 1st in Las Cruces and in El Paso placed 1st. Our junior squad placed 3rd in El Paso. Macie also walked away with 1st for "best cheerleader" in her division, and Lindsay took 3rd for "best cheerleader" in her division. Your hard work is appreciated! Great job girls! *Look for try out information in late April.*

Our boys did awesome in Lubbock and Colorado last month. All around winners in Lubbock included: Level 5-Caleb 1st, Manasse 1st, Fernando 2nd, Jose 3rd, Tristan 1st, Ryan 2nd, and Level 7-Christian 1st. Our level 4 and 5 teams also won 1st in the team all around. Way to go! Keep it up!

Cool New Activities!

Along with all our new classes we are also starting some cool new drop in activities, no sign-up necessary! For more information, just look at our website or ask about them up at the front desk.

TAEKWON-DO

GFGA is excited to announce that we will be starting Tae Kwon-Do classes in March. For more information check with the front desk.



March BIRTHDAYS

- | | |
|------------------------|--------------------|
| Dalton Adair | Sarah McCall |
| Brooke Bandy | Amber McLaren |
| Jessica Barresi | Maurina Montoya |
| Abby Barton | Alyssa Olson |
| Maritza Chavez | Jaiden Padilla |
| Selena Christian | Tyler Perus |
| Tatiana Corwell | Lorah Plante |
| Alex Devall | Larissa Rogers |
| Madison Dietz | Marisol Segura |
| Alexandria Esparza | Tiffany Tompson |
| Ciara Griffith | Amanda Smith |
| AJ Hamilton | Eleni Morris |
| Nathan Herrera | Ashley Dursenberry |
| Mayson Hollinger | Jade Griffith |
| Andrea Jackson-Sagredo | Baylee Bearden |
| Anna Jenkins | Isabella Bencke |
| Catelynn Jernigan | Jocelyn Duran |
| Michael Junchaya | Juliana Duran |
| Avery Kennedy | Brittany Peterson |
| Molly Lorenz | Daechia McMickens |
| Marisol Lozoya | Hailey Allman |
| Averee Marquez | Serenity Pruitt |
| Jack Marshall | Alexis Ahumada |
| Benjamin McAnally | |
| Ethan McAnally | |

Mark Your Calendars! March 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat	PNO	
							1 Girls 7,8 meet PGA, ABQ PNO	
2	3	4	5	6	7		8 Boys meet Cruces Cheer comp in AZ PNO	
9	10	11	12	13	14 Flip-flop clinic		15 Boys state meet Cheer comp in ABQ PNO	
16 Boys State meet	17 	18	19	20	21 Flip-flop clinic		22 PNO	
23 	24 ☆	25 CAMP M-F 9am-3pm	26	27	28	29	☆	
30	31	For more information on other activities not listed see our website						

Coach Stacey is the new editor of the newsletter. If you have any news that you would like to see printed, just ask me.