



DECEMBER 2008 NEWSLETTER

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Office & Pro-Shop Hours:
Mon/Wed/Fri 10:00-12:00 & 4:00-8:00,
Tue/Thurs 4:00-8:00, and Saturdays 9:00-1:00

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Visit us on line at www.gforcegymnastics.net

December 2008

At G-Force Gymnastics we believe...

- ...that every child is unique and deserves the individual attention necessary to inspire them to reach their full potential.
- ...that we can instill a sense of confidence, self-worth, and success through positive reinforcement.
- ...that proper form and technique helps children progress through a variety of skills in order to keep them engaged and motivated.
- ...that learning in a fun and safe environment are essential to their gymnastics experience.

Attendance Now Taken at Front Desk

Starting in December attendance will be taken from the front desk. Before students start their class, a parent or student must check in with the front desk. GFGA's goal is to help prevent late charges and miss communication between the front desk and parents. Please remember to notify to the front desk when you take a month off. Your cooperation is appreciated.

GFGA is Going Paperless

GFGA needs your e-mail address! The gym is going paperless and all information important to parents and students will sent via email starting in December. You can expect to receive one e-mail a month which will include the newsletter and upcoming events for the month. If you haven't already, please fill out the form below and return to the front desk ASAP.

Student's name: _____

Primary e-mail address: _____

Secondary e-mail address: _____

Have you ever wanted to attend a meet? All meet dates and times can be found on the calendar on our website. We encourage anyone from the gym to attend the meets and support our gymnasts.

If a gymnast attends a meet, bring the program and receive 20% off any pro-shop items.



Christmas is just around the corner, and GFGA wants to help share the love of gymnastics with your gymnast. Check out our pro-shop for beams, mats, leotards, shorts, shirts etc. If your gymnast can dream it we can find it. If its not in our pro-shop ask the front desk and we will see what Santa can do! Watch for drop and shop days and times

Mission Statement

It is the mission of G-Force Gymnastics to help children grow and develop in a positive manner through the art and sport of gymnastics. We will strive to make every child feel a sense of self-worth and importance. We will work to develop the athlete's physical strength in order to reach their full athletic potential and at the same time develop their mind, self-confidence, and discipline in a positive and fun learning environment. Our goal is to instill excellence both in sport and character.

WANTED

GFGA is looking for volunteers to help clean and move the gym equipment around over our Christmas break. Parents and students are welcome. Please see the front desk to sign up or ask questions.

December Monthly Move-ups
G-1 to G-2

Sasha Throp	Alexis Thompson
Jocelyn Ziecker	Jasmine Jaramillo
Tristan Massey	Brookie Gee
Tori Lyon	Olivia Jartzemski

G-Force Cheer Force

At the Cheer-Force's first competition in Rio Rancho they Got first place in their division. They scored a 7.72 which was higher than any of last years teams scored at all of their competitions. WAY TO GO!!! They have also out scored almost all other teams in their level and levels above them in 8 other NCA competitions across the nation. They are working towards their second competition which is December 14th in Albuquerque. Please come out and show them your support.

For the holidays G-Force Gymnastics has chosen to sponsor two children's hospitals in Albuquerque. They are Carrie Tingley Children's Hospital & Presbyterian Pediatrics. We at G-Force Gymnastics would like to do our part in brightening these children's lives. The hospital can be such a lonely place during the holidays especially for children. Please join us in this endeavor and open your hearts and help us to make this a happier holiday season for these little ones. Items they have suggested are: coloring books, crayons, markers, mega blocks, hot wheels, Dr. & Nurse kits, new stuffed animals, dolls, etc. They also need character band aids, & new or used VHS tapes. Please bring your unwrapped items to the Front Desk by Saturday December 20th. We would like to thank everyone in advance for helping us spread some cheer.

DECEMBER BIRTHDAYS



Noelle Ashoo	Hannah Miller
April Aydellott	Maya Monteith
Jordan Baker	Kaylee Nix
Anjolie Benham	Sianna Rohm
Kavan Bowman	Krystle Romo
Michelle Cagle	Ashley Scott
Ryan CdeBaca	Meghan Stone
Michelle Dapson	Gracie Stroman
Allison Dunn	Matthew Sultemeier
Andrew Dunn	Annyssa Tapia
Ava Dunn	Kee Thompson
Kelsey Fitzgerald	Alaina Valdez
Samantha Gabaldon	Jazmyn Vest
Kyllian Harper	Reagan Webb
Preston Harris	Renee Wulfing
Kelsey Headrick	Brent Youngmark
Julia Hormel	ShelbyTheobald
Julianna Jaecks	
Emily Kerr	
Byron Linderman	
Hunter Mamawel	
Cassie Meyer	

**GFGA is closed for the holidays
December 21-January 5. Schedule
one make-up for December at the
front desk.**

Mark your calendars! December 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5 FLIP-FLOP CLINIC	6 PNO
7	8	9	10	11	12	13 PNO
14	15	16	17	18	19 FLIP-FLOP CLINIC	20 PNO
21	22	23	24	25	26	27
GYM CLOSED DECEMBER 21 - JANUARY 5						
28	29	30	31			
GYM CLOSED DECEMBER 21 - JANUARY 5						

For more information on other activities not listed see our website

Coach Stacey is the editor of the newsletter. If you have any news that you would like to see printed, just ask me.