



APRIL 2008 NEWSLETTER

4487 Irving Blvd.
Albuquerque, NM 87114
(505) 898-7334

2345 Southern Blvd.
Rio Rancho, NM 87124
(505) 892-7827

Office & Pro-Shop Hours:
Mon/Wed/Fri 10:00-12:00 & 4:00-8:00,
Tue/Thurs 4:00-8:00, and Saturdays 9:00-1:00

Vol. 1 Num. 4

Visit us on line at www.gforcegymnastics.net

April 2008

At G-Force Gymnastics we believe...

- ...that every child is unique and deserves the individual attention necessary to inspire them to reach their full potential.
- ...that we can instill a sense of confidence, self-worth, and success through positive reinforcement.
- ...that proper form and technique helps children progress through a variety of skills in order to keep them engaged and motivated.
- ...that learning in a fun and safe environment are essential to their gymnastics experience.

Spring is here! Welcome back!

GFGA hopes everyone had a great break! Despite having no classes over the break, the gym was quite active. Spring break camp was awesome! Children enjoyed gymnastics, jumping into the pit, games, and fun crafts. *Watch for information on Summer camps.* Have you checked out the exciting changes with the preschool area? GFGA trusts that everyone enjoys our new garden where we hope children can grow to love the sport of gymnastics. We could not have gotten so much accomplished without all of the volunteers! A huge Thank You to Ashley Clark, Igor Reeves, Sue and Mikaela Postlethwait, Erin Edwards, Rusty Dunn, Joshua Goldberg, and Nicole Green. A Special thank you to coach Larry who stayed late to help every day! Additional thanks to everyone who stopped by to give us ideas and encouragement throughout the week. Watch as the garden continues to grow with an environment we hope everyone can enjoy.

Bring a friend week April 21-26

Ever wish you could bring your friends to the gym and show off your skills? The week of April 21-26 you can bring your friends to your regular class time and allow them to see what the sport of gymnastics has to offer. Look for future handouts.

Cheerleading tryouts

Has your child every expressed an interest in cheerleading? GFGA is happy to announce tryouts for our Westside Elite cheerleading program.

See back for more information.

GFGA is proud to announce

Our Level 5 boys took state! Way to go! Good luck at the boys Regional meet this month.

Mission Statement

It is the mission of G-Force Gymnastics to help children grow and develop in a positive manner through the art and sport of gymnastics. We will strive to make every child feel a sense of self-worth and importance. We will work to develop the athlete's physical strength in order to reach their full athletic potential and at the same time develop their mind, self-confidence, and discipline in a positive and fun learning environment. Our goal is to instill excellence both in sport and character.

NEW ARRIVAL!

Congratulations to coach Annie and her family who welcomed a 6 lbs 5oz boy they named Dresden Carmel' Xavier 19 in born 3-26-08 at 5:13 am.

Team News



April BIRTHDAYS



Congratulations to all of our boys who had an outstanding state meet. The level 5 boys won state and our Level 4 boys took 3rd. We have six level 5 boys and one level 7 going to boys Regional meet here in Albuquerque April 11-12 at SAGA. Anyone is encouraged to go cheer our boys on.

We just finished an AWESOME first year with our Westside Elite competitive All-Start cheerleaders. In 2008/ the youth squad placed 2nd and third in El Paso and Las Cruces, 10 in Tucson and 3rd in their final competition in Albuquerque. The senior squad brought home a first place trophy from all 4 of their competitions. GFGA is excited to include the All-Star cheer program in our exciting activities offered at the gym. We look forward to an even better second year and a bright future in competitive cheerleading. If you know anyone interested let them know we are having tryouts

Tryouts for the new squad will be held late in April. Boys and girls from age 5-18 are eligible and encouraged to tryout.

Call Zoy E Nix

899-4315 for more information

GFGA would like to welcome Josh Rivera to our staff. He is a 6-degree Black Belt in Tae Kwon Do. If you or anyone you know is interested to Tae Kwon Do see out front desk for more information on dates and times available.

COACH MELISA

Madison Rickerman
Calissa Farfard
Amoreena LaCour
Madeline Ahluwalia
Katie Troche
Michelle Hampton
Emma Kohl
McKenzie Cordova
Zachary Abbin
Kate Alcalde
Renee Archibeque
Jason Bailey
Allison Barricklow
Courtney Bell
Katlin Bunzel
Miranda Canez
Asa Chadwell
Hannah Coronado
Tanner Davis
Taylor Dickey
Megan DiMery
Emily Dominguez
Alissa Eissner
Dominic Esparza
Lauren Giron
Tori Guttke
Lamisha Harvey
Kendall Heinold

Morgan Henson
Elizabeth Hendenberg
Alyssa Hilger
Matti Holland
Benjamin Holleneack
Tammy Huynh
Collin Issacs
Asher Jarman
Sabrina Knie
Carrigan Laughrin
Roxanne Lester
Gabriella Luna
Hannah Mader
Carissa Martinez
Monet Martinez
Madison McDaniel
Jaylin Meaney
Tasha Pacheco
Elizabeth Piatt
Kimberly Rael
Cody Rasavage
Jannae Sandoval
Conor Setter
Julie Shanklin
Victoria Slough
Kayla Taylor
Estelle Tiuseco
Teagan Welch

Celebrate your birthday at GFGA!

Ever wish you could bring your friends to check out your gym? Well you can!

We host some awesome parties at awesome prices!

They can be held on either Saturday or Sunday afternoons. Give us a call to schedule yours today!

Mark Your Calendars! April 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5 PNO
6	7	8	9	10	11 Flip-Flop clinic Boys Regional meet, ABQ	12 Boys Regional meet PNO
13	14	15	16	17	18	19 PNO
20	21	22	23	24	25 Flip-Flop clinic Tuition due 21-26	26 Coach Melisa's B-day PNO
27	28	29	30			

For more information on other activities not listed see our website

Coach Stacey is the editor of the newsletter. If you have any news that you would like to see printed, just ask me.